

NEWSLETTER #77

Penicuik and District u3a

News from your committee

Please welcome two new members, Dave Anderson and Dave Carr to our u3a when you meet them.

.....

u3a's AI monthly newsletter

If you're interested in receiving such a newsletter, you can sign up for it by emailing learning@u3a.org.uk

Future events - dates for your diary

1) There will be no open meetings in July and August.

2) Thursday 17th September - Denise Millan and Naomi Knights from VOCAL Midlothian will describe their work on 'Caring Communities – strengthening our social fabric through supporting unpaid carers'.

As usual, arrive about 1.45 for a prompt 2.00 pm start in the upper hall, the Cowan Institute (Penicuik Town Hall).

Please wear your name badge, it's very helpful.



Great Travel Discounts Inside

Whether you are planning a grand summer holiday, a nostalgic day trip, or a quick weekend escape, your u3a Friends Extra membership unlocks exclusive savings to make your travel smoother and more affordable. From world-class entertainment to seamless airport extras, we have everything you need for the perfect itinerary.

This offer is available to all u3a members!



On 12th August, a partial solar eclipse will be seen in Penicuik.

News from the groups

Please keep sending
photos for your group.

Online activities

**u3a Online ('Zoom') Learning
Events ([www.u3a.org.uk/
events](http://www.u3a.org.uk/events))**

These events explore a very
varied range of topics.
There's something for
everybody? You have to
book 'tickets' to reserve your
place via the above website,
but as a u3a member, there
is no charge.

Deepfakes demystified:
understanding the risks and
staying safe - Friday 14
August at 2pm

Cryptic crosswords in
context - Tuesday 18
August 2pm

The Scottish colourists on
Iona - Thursday 20 August
at 2pm

Laughter yoga with Merrie
Maggie - Tuesday 25 August
at 3.30pm

Hugh Munro, editor
pku3a.com@gmail.com OR
07849-403235
Our website is:
<https://penicuik.u3asite.uk>



Our walkers at Presmennan lake.



Our Nature Appreciation group sheltering in rare
cool and very windy July weather near Longniddry.